

BOISE BENCH LIONS

April 22, 2026 Every Wednesday at Casa Mexico at Noon



Members: 34

Attendance: Lion Scott Muir

Guests: Lion Esteban's friends Claire-Marie and Antonio from Philanthropy Pathways.

Lion Sharleen's friend A.J. Lewis from Silver Wings in Mountain Home which is an off shoot of the Chamber of Commerce for Gunfighter Skies.

Save the Date: Next Lions and friends social May 14th at Voodoo Brewing, 9931 W Cable Car St, Unit 110 at 4:30.



Save the Date: May 12th from 12-2 volunteer at the ID Foodbank. Sign up with your account, the link is on our website or call Jane at 208.830.0454. Or come on over and lend a hand. Please wear closed toed shoes.



Lion Mike confirmed September 25th for the Sporting Clay tournament. Check out this logo for the t-shirts we are providing for the teams. If you want one, let me know.



Flock Cancer is May 9th; they need us as the crossing guards on Harrison Blvd. https://signup.com/mobileweb/2.0/vspot.html?activitykey=413841056032#choose_jobs_page



Pres. Rick, speaker Lion Megan, program chair Lion Esteban

Lion Megan Little is the co-chair for the Breakthrough T1D (Type 1 Diabetes) Walk which will be September 12th at Kleiner Park. Please add it to your calendars. Her son was diagnosed with T1D when he was 3 yrs. old. Half of the T1D's diagnoses are over 30 yrs. old. Symptoms of T1D: increased thirst, frequent urination (and/or bedwetting), unexplained weight loss, extreme hunger, fatigue and blurry vision. Diabetic ketoacidosis – the blood becomes too acidic which is a life-threatening emergency where the body (due to a lack of insulin) breaks down fat for energy too rapidly, causing ketones to build up in the blood. T1D is an autoimmune disease with potential ties to genetic and environmental factors. It cannot currently be prevented or cured. T1D requires constant management, involving up to 180 decisions a day, injected or pumped insulin needed for survival, improper treatment can lead to complications such as eye or kidney disease, or eventually death. There are 42 factors that affect blood sugar. It's not just carb count. 42 factors that affect blood glucose: food, medication, activity, biological, environmental, behavior and decisions. In the U.S., more than 1.4M people live with T1D. Cure – restoring insulin independence, prevent – preventing symptomatic T1D, treat – improving glucose control. How to help or get involved: create a team and walk, sign up to volunteer, donate to Team Blaise-Our Little Hero. She has a lofty goal of \$3,000 this year. Diabetes stigma involves judgement, stereotypes and blame for both Type 1 and Type 2. Check out breakthrought1d.org



Calendar of Events



April 29 – Scouting America, Lion Esteban Galan

May 1st and 2nd – MD39 Convention in Sun Valley, reimbursed 50%

May 2 – Dead tree removal, contact Lion Jim, email robert1943james@gmail.com

May 6 – Boise Rock School, Brie Moore

May 9 – Flock Cancer Crossing Guards on Harrison Blvd., use link on pg. 1 to sign up

May 9 – Zoo Boise clean-up from 1:30 – 4:00, please bring your own work gloves

May 12 – Volunteer at ID Foodbank from 12-2, use link on our website to sign up

May 13 – ADA County Coroner Office, Lion Carolina Ramos

May 14 – Lions and friends social, Voodoo Brewing 9931 W Cable Car St, Unit 110

Pres. Rick's Quotes: Earth Day

The only we have control over in life is where we put out attention. Mary Hutto Fruchter

The Earth is the Lord's, and everything in it. Psalm 24:1

A reminder that the world is a trust placed in our care, not something we own. We are the stewards of the Earth.

As global citizens and Lions, we are accountable for how we use and protect our resources.



April Birthdays:

Randy Broesch 4/6

Rick Vogel 4/8

Clarissa Lucas 4/8

Keith Quatraro 4/10

Kimberly Kaiser 4/17

Sharleen McIntire 4/17

Bailey Reese 4/22

Cliff Ogborn 4/30



Tail Twister Lion Angel funnies and facts: I had to update my driver's license photo at the DMV, and I complained that I looked terrible in it and the guy said, "Lady, that's literally exactly what you look like." And now my day is ruined.

Crazy Facts That Will Haunt You: Pirates of the Caribbean ride – Disneyland's famous Pirates of the Caribbean used real human skeletons.

Egyptian mummies wouldn't be so rare if the Victorian British hadn't eaten most of them.

Pigs can digest every part of a human body, even the bones.

Human flesh taste – Human flesh tastes like pork, except a little, sweeter and softer in texture.

Mt. Everest bodies – there are over 200 dead bodies on Mt. Everest, and they use them as landmarks.

MD 39 Convention in Sun Valley May 1 – 2, 2026, if you are unable to attend in person, consider attending virtually to participate in the vote, enjoy valuable information and engaging seminars. It is \$50 but the club will reimburse you half just provide Lion Cliff a receipt.

Save the Date: May 30th serve Special Olympics Vision screening, passing out water etc. More information to come and a sign-up sheet. Contact Lion Esteban estebangalan.boise@gmail.com



Lion Kim celebrating her birthday. I wonder what she wished for?



Lion Megan's QR code to donate to her son's Breakthrough T1D team.



Mayor McLean presenting the BB Lions with a 75th anniversary proclamation May 27th. Please join us!

BOISE BENCH LIONS CLUB
SPORTING CLAY TOURNAMENT
 AIM. SHOOT. SUPPORT OUR COMMUNITY.
 FRIDAY SEPTEMBER 25, 2026
 CHECK-IN: 8:00 AM SHOOT STARTS: 9:00 AM

TEAMS OF 5
 Five Shooters Per Team

100 TARGETS
 All Sporting Clays

100% OF NET PROCEEDS
 Benefit Local Charitable Projects and Community Needs

TEAM PRIZES
 Prizes for 1st, 2nd, 3rd Place Teams and more!

INCLUDES
 Lunch, Drinks, Awards & Raffle Entry

RAFFLE
 Great prizes and giveaways!

100% OF NET PROCEEDS
 Benefit Local Charitable Projects and Community Needs

REGISTRATION
 EARLY REGISTRATION (Register by Sept. 1)
\$350 PER TEAM (\$70/SHOOTER)
 REGULAR REGISTRATION (After Sept. 1)
\$400 PER TEAM (\$80/SHOOTER)

REGISTER NOW!
 SCAN TO REGISTER

PAYMENT
 Send payment via Venmo: @boisebenchlions
 Include in the note: TEAM NAME - CLAY SHOOT
 Registration is not complete until payment is received.

QUESTIONS?
 Call or Text: 208-695-0808
 Email: boisebenchlionsclub@gmail.com

CALDWELL GUN CLUB
 21840 Pond Ln
 Caldwell, ID 83607

THANK YOU FOR SUPPORTING THE BOISE BENCH LIONS CLUB AND OUR COMMUNITY!



Check out the flyer for the BB Lions Sporting Clay tournament. Find a team and volunteer the day of the tournament. Lion Mike is checking into food options, and we are working with Shadows to add the new logo for t-shirts. Lion Mike will be presenting May 20th to give us more information and to take questions. This will be a fantastic fundraiser for our club.



Interfaith Sign-up: Go to boisebenchlions.org Resources & Links page, scroll down for the Everyone: Mercy Kitchen Crew link to help with serving a meal.

New BB Lions Officers 2026-2027/Vote April 29th

- Cindy Schreiner – President Esteban Galan – 1st VP
- Mike Gibson – 2nd VP Cliff Ogborn – Treasurer
- Dennis Burks – Secretary/admin secretary
- MJ Thompson - Club Service Chairperson
- Curt Kelley – Marketing/Communications
- Larry Kidd – Lion Tamer
- Angel Wohlschlegel and Aarda Justin – co-chairs Tail Twister
- Kim Kaiser – Board Director (2 yr. term)
- Karen Newton-Hensley – Board Director (2 yr. term)
- Sharon LoSasso – Board Director (2 yr. term)