

BOISE BENCH LIONS

April 8, 2026 Every Wednesday at Casa Mexico at Noon



Pres. Rick, Speaker Jeanette, Program chair Lion Curt

Jeanette Del Cid spoke to our members about the impact of Alzheimer's and Dementia in our community. As of 2025, over 7 million Americans are living with Alzheimer's. Between 2000 and 2022 deaths from heart disease have decreased 2.1% while deaths from Alzheimer's disease have increased 142%. Nearly 12 million Americans provide unpaid care for people with Alzheimer's or other dementias. Alzheimer's kills more than breast cancer and prostate cancer combined. In Idaho, 30,000 people over 65 have Alzheimer's as of 2020 with 66,000 caregivers. On average people live 48 yrs. after being diagnosed. Dementia is an umbrella term for loss of memory and other thinking abilities severe enough to interfere with daily life. Alzheimer's is a brain disease that causes problems with memory, thinking and behavior. In the early stage, memory loss is mild. But as the disease progresses, individuals will need around-the-clock care. The disease is ultimately fatal. Memory care facilities are expensive, so some families do their best caring for their loved ones at home. Jeanette said her grandma has dementia, but their family didn't know what the disease was. They would have liked more information to help assess her and then use the resources to help care for her. The populations at high risk: Black Americans, Hispanic Americans and women. More younger people are being diagnosed and early diagnosis matters. New treatments are available that slow disease progression for those in the earliest stages. Visit alz.org/idaho for more information.



Members: 45

Attendance: Lion Terry Brady

Save the Date: Next Lions and friends social April 9th at Rolling Hills Vineyard Urban Tasting Room at 4:30 in Garden City, 52nd street.

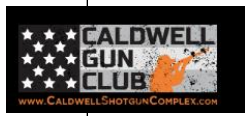
Lion Jim needs volunteers to cut up and move a fallen tree from a friends yard. Email robert1943james@gmail.com. If you have a chainsaw and a truck that would be greatly appreciated. Sign up sheet will go around at next week's meeting.



Save the Date: April 14th from 12-2 volunteer at the ID Foodbank. Sign up with your account, the link is on our website or call Jane at 208.830.0454. Or come on over and lend a hand. Please wear closed toed shoes.



Lion Mike confirmed **September 25th** for the Sporting Clays fundraiser. Please add this to your calendar as we will need many volunteers to run this event. Check out caldwellshotguncomplex.com



Flock Cancer is May 9th; the BB Lions have been asked to be crossing guards again this year on Harrison Blvd intersections. Text **Lion Toni**, 208.850.2255 if you are interested in volunteering.



Calendar of Events



April 9 – Lions and friends social at Rolling Hills Vineyard at 4:30 in Garden City 52nd St.

April 14 – Volunteer at the ID Foodbank from 12-2

April 15 – ID Community Foundation, Lion Evin Bask

April 17 – Volunteer at Interfaith Sanctuary

April 22 – Type 2 Diabetes, Lion Megan Little

April 29 – Scouting America, Lion Esteban Galan

May 9 – Flock Cancer Crossing Guards on Harrison Blvd., reach out to Lion Toni

May 9 – Zoo Boise clean-up from 1:30 – 4:00, please bring your own work gloves

Pres. Rick's Quotes:

Never doubt that a small group of thoughtful, committed citizens can change the world; Indeed, it's the only thing that ever has. Margaret Mead

How wonderful it is that nobody need wait a single moment before starting to improve the world. Anne Frank

No one has ever become poor by giving. Anne Frank

We rise by lifting others. Robert Ingersoll



April Birthdays:

Randy Broesch 4/6

Rick Vogel 4/8

Clarissa Lucas 4/8

Keith Quatraro 4/10

Kimberly Kaiser 4/17

Sharleen McIntire 4/17

Bailey Reese 4/22

Cliff Ogborn 4/30



Tail Twister Lion Angel auctioned the ceramic Lion and some homemade Elk sausage and salami. The BB Lions are so generous helping her make money for the tail twister fund which provides funds for our members to attend conventions and the USA/Canada Forum.



Lion John paid big bucks to get the money in the ceramic Lion.

Lions LaDawn and Larry continue to collect aluminum cans. They received \$24.75 for their last load of recycled cans which they gave to the Idaho Humane Society. Keep the cans coming! Check out idahohumane.org to find out more.





Lion Colleen and her daughter Viv in Hawaii for a wedding.



The BB Lions donated 22 dozen cupcakes for Siena Elementary's Spring Fling.



Lion Kim has a new puppy so she needed to stay home so Aurora can adjust to her new surroundings.



The BB Lions made meatloaf, parsley buttered potatoes and salad for lunch and baked morning glory muffins. 2 cleaners are not pictured: Lions Larry S. and Tristan.



March Madness Winners:

Lion Curt won for most pts.

Lion Curt won 1st place for picking Michigan.

Lion Toni won 2nd place.

\$60 raised for the club



Lions Curt and Jay attended a recognition ceremony hosted by YES Idaho celebrating the ID DMV's outstanding work in promoting organ donation. Last year, 73 donors saved 292 lives. 351 cornea donors restored sight to 702 people. 191 tissue donors helped up to 14, 325 individuals. Later that day Gov. Brad Little signed a proclamation for Donate Life Month. Go to yesidaho.org for more info

New BB Lions Officers 2026-2027/Vote April 29th

Cindy Schreiner – President Esteban Galan – 1st VP

Mike Gibson – 2nd VP Cliff Ogborn – Treasurer

Dennis Burks – Secretary/admin secretary

MJ Thompson - Club Service Chairperson

Curt Kelley – Marketing/Communications

Larry Kidd – Lion Tamer

Angel Wohlschlegel and Aarda Justin – co-chairs Tail Twister

Kim Kaiser – Board Director (2 yr. term)

Karen Newton-Hensley – Board Director (2 yr. term)

Sharon LoSasso – Board Director (2 yr. term)