

BOISE BENCH LIONS

May 13, 2026 Every Wednesday at Casa Mexico at Noon



VP Cindy, speaker Lion Carolina, program chair Lion Toni

Lion Carolina Ramos is one of 6 forensic technicians at the ADA county coroner's new building on Eagle and Franklin. It is significantly larger than their old building which can accommodate for the growth of the valley and the state. Every county in ID has an elected coroner. They do not always need to do a full autopsy to find the cause and manner of death. The cause (mechanism): ligature hanging, heart disease, gun shot wound, stroke or asphyxiation. The Manner (5 manners): natural, accident, suicide, homicide, undetermined. They work with many different agencies to complete their job from the local and state law enforcement, FBI, DHS, state public health and toxicology labs. Their investigative staff are the eyes and ears on scene. They have a small anthropology department when there is no significant flesh on the decedent. An admin team, forensic pathologists, a radiography team which takes x-rays and postmortem CT's. They complete specimen collections and fingerprint all the decedents. The best part of her job: she is a science kid; she has always wanted to do this type of work to help get answers for the families and figure out the cause of death. Challenging part of the job: there is always gross stuff. They depend heavily on their investigative team to determine the cause of death. Most of the time the pathologists can determine the cause of death. As much as they can, they honor the religious beliefs of the decedents.

Check out adacounty.id.gov/coroner



Members: 49

Attendance: Lion Larry Spencer

Guests: Lion Del's wife Loli, and daughters Kryston and Sophie

Save the Date: Next Lions and friends social May 14th at Voodoo Brewing, 9931 W Cable Car St, Unit 110 at 4:30.

Upcoming: Seeds of Independence Garden Party **May 26th** see newsletter (they need a head count to have enough food) and Special Olympics **May 29th and 30th**, see sign up link and spreadsheet.

Save the Date: June 9th from 12-2 volunteer at the ID Foodbank. Sign up with your account, the link is on our website or call Jane at 208.830.0454. Or come on over and lend a hand. Please wear closed toed shoes.

Lion Mike will be speaking to the club **May 20th** to answer all questions about the Sporting Clay tournament. Check out this logo for the t-shirts we are providing for the teams. If you want one, let me know.

Upcoming: Charter/Summer Party at the Frison's 1726 E Stadler Ct in Eagle **June 13th** at 4pm. Please email Lion Patty if you are interested in attending pfrison47@gmail.com.



Calendar of Events



May 14 – Lions and friends social, Voodoo Brewing 9931 W Cable Car St, Unit 110

May 20 – BB Lions Sporting Clay fundraiser, Lion Mike Gibson

May 26 – Seeds of Independence Garden Party, 341 W Washington St from 12:20-2:35

May 27 – Mayor Lauren McLean will speak and present our 75th anniversary proclamation

May 29 – Special Olympics, vision screeners and water stations

May 30 – Special Olympics, vision screeners and water stations

June 3 – Morrison Center, Jessica Morse

June 10 – Central District Health Fit Program, Mike Rice

June 17 – Boise City Department of Arts and History, Jennifer Yribar

VP Cindy's quotes: The purpose of life is not to be happy. It is to be useful; to have it make some difference that you have lived and lived well. Ralph Waldo Emerson

Life's most persistent and urgent question is: What are you doing for others?
Martin Luther King Jr.

Be the change that you want to see in the world. Mahatma Ghandi

Service is love made visible. Kahlil Gibran



Tail Twister Lion Aarda: Great types of people in Lions

Extrovert – enjoys company **Optimist** – expects the best

Altruist – helps others selflessly **Philanthropist** – donates to help others

Leaders – guides or directs others **Followers** – follows and assists others

Brave – shows courage in difficult situations **Generous** – willing to give, help and share

Curious – wants to know and learn new things

Bragging Rights: Lion Patty and Dan's niece Mindy had her leg amputated below the knee 5 months ago. 3 months ago, she was fitted with a prosthesis. And last week, she qualified for the Hartford Nationals for Paralympics in shot put and discus. She is 50!

May Birthdays:

Zoie Koci 5/4

Daniel Foregger 5/9

Karen Hensley 5/14

Aarda Justin and Olie Olsen 5/15

Paula Nappi 5/17

Sheri Wakagawa 5/18

Larry Dold 5/19

MJ Thompson 5/24

Max Bennett 5/28

Lorena Davis 5/31

Angela Lamb 5/31





BB Lions baking lemon sugar cookies, the lunch crew made taco casserole with toppings and a side salad, and the cleaners kept things spotless at the Ronald McDonald House.



Lion Olie will be celebrating his 90th birthday on the 15th. His family brought delicious cupcakes, and we all sang Happy Birthday. We love you, Olie!



A bunch of Flockers helping keep people safe crossing busy Harrison Blvd. for the Flock Cancer Walk. Thank you BB Lions!

